canadian camping

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C.C.A. ANNUAL MEETING

The Annual Meeting of the Canadian Camping Association was held at Acadia University in Wolfville, Nova Scotia on Friday, May 25, 1979. All Provincial Associations were represented and many Committee and Project Chairmen were present as well.

George Matthews, President of the Nova Scotia Camping Association welcomed the C.C.A. to the University and to the Nova Scotia Camping Association's Spring Conference which was arranged for the weekend. C.C.A. President, Jack Pearse, expressed his delight in sharing this experience with people from the Nova Scotia Camping Movement and emphasized the fact that organized children's camping began in Nova Scotia in 1890.

The meeting proceeded formally with the adoption of the minutes, the financial statement, the budget for 1979-80, and the appointment of auditors. There was a General Resolution approving the actions of the Board of Directors during the past year, and the reports of Provincial Associations, Committees, Projects and Task Forces were accepted as circulated.

Mr. Pearse indicated that the President's Report was included in the Annual Report booklet and the meeting continued with the Installation of the new President, Clifford Labbett and Vice-President, Derek Walsh.

Introduced by Immediate Past President, Ron Johnstone, Mr. Labbett in his acceptance speech asked for the continued support of the provincial associations.

Kenneth Willis extended an invitation to hold the 1979 Annual Meeting in Quebec in the Spring of 1980.

Awards of Honour for outstanding contributions to C.C.A. were conferred on the following:

David Boston, a past President of C.C.A.

Gary Luthy, Immediate Past President of the Alberta Camping Association

Nestor Kelba, also a past President of A.C.A.

Lorne Bowering, former chairman of the C.C.A. Standards Committee

Jack Pearse, retiring President of C.C.A.

The meeting was adjourned at 8:40 P.M.

The Executive of the C.C.A. for 1979-81

PRESIDENT EMERITUS

F.M. Van Wagner

PRESIDENT

Clifford Labbett

IMMEDIATE PAST PRESIDENT

Jack Pearse

VICE PRESIDENT

Derek Walsh

SECRETARY

Elizabeth Greenway

TREASURER

Wayne Perkins

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• YOUR CAMP AND ITS ENVIRONMENT •

Most of our camps have occupied the same site for many years, and will stay on the same site for many more years. Since large investments in buildings have been made on those sites, the protection of the environment of our camps must therefore be a major concern for all of us. The following Environmental Maintenance Standards were developed some time ago at a Conference of Canadian Interpreters. They should be a helpful guide for our camp directors.

1. Composting - of food and other organic wastes
2. Developing a 'waste' awareness among all camp personnnel
3. Plan for recycling whenever possible - save tins, paper, aluminum, plastics, metal - store and arrange transport to recycling depts if practical.
4. Purchasing policies developed which will be acceptable as far as preserving the use of natural resources
   e.g. - can the use of paper dishes be justified
   - paper used in the administration of the camp can be fully used - single space, use both sides, reuse paper for memos, etc.
   - buy more bulk foods
5. Plastics are indestructible when left in the environment - plan to recycle.
6. Privies and outhouses to be considered one of the best ways of disposing of body wastes - superior to the flush toilet. Decentralize urinals and "educate" campers and staff to have different attitudes toward the disposal of body wastes and this most natural body function.
7. Practice good water use throughout camp. Use it as required but not wasted e.g. repair leaky taps, toilets kept in good condition, showers and baths used with discretion; consider water as a usable, but finite resource.
8. Keep all motors and vehicles in good repair. Question the use of motor boats in the camp program - avoid running motors needlessly and be sure they are non-polluting.
9. Conserve energy whenever possible - turn lights, save heating and cooking fuels where possible.
10. Campfires - plan alternatives to burning wood where it is scarce - avoid cutting living trees for campfires - use up and clear snags and dead wood.
11. "Camping without a trace" may be a slogan that could be used more and more Question the idea of permanent out-trip sites that tend to become over-used and very destructive to the environment.
12. Systematic development of trail "systems" that provide access to special ecological areas and enable campers to become familiar with the camp property. Provision should be made to "rest" trails and paths when serious over-use occurs. Alternative trails will help restore the land as will a variety of materials such as sawdust, gravel and truff.

(cont. on page 12)

The COUNSELLOR'S Page

- ANYDAY IDEAS -

Here are some ideas which might be helpful in planning a varied and happy program for your campers. They are "camper tested" and presented to assist you if you need a little inspiration when your perspiration is exhausted.

"Leave Something Behind" - build something for the camp - new steps - pathway - a railing, or split wood for the fireplace.

- Organize a "Games" Day - for a group of cabins or a section. Such events as a waterboiling contest, cutting seats in a log, caber toss, three legged race, fire fighting contest, and egg throwing contest and log sawing are always popular.

- A Scavenger Hunt involving looking for natural objects, e.g. a maple leaf - feather - a fungus - a bird's nest - moss and a bone are good for starters.

- Night Walk - (for campers prepared for such activities) - choose a clear night preferrably with a moon to light your way (don't allow flashlights) - hike in clear and bush areas stopping just to listen and trying to identify sounds you hear.

- TV TIME - can be played just before bed or after a busy activity - "NAME THAT TUNE" - "PASSWORD" - "TWENTY QUESTIONS".

- CHRISTMAS CARDS - have the campers make their Christmas Cards to each other with amusing poems or notes, then have the counsellor collect them and mail them just before the holidays. DON'T FORGET!

- "Battleship" - a camp classic - ask about it!

- Gymnastics - move mattresses to the floor - for somersaults, tumbling etc.

- BINGO! - have your group organize a game for a number of groups in Camp..

- The News - write up a camp newspaper or gossip column and read it at a meal.

- TREEFORTS are great fun and involve the whole cabin in a variety of imaginative endeavors.

- The Raft - most kids love to build a raft. Camp may provide them with the only opportunity they will ever have to try this activity.

- Charades using camp personalities or objects as your theme.

• CLOSEUP CHECKLIST •

Here is a CHECK LIST which may be used in closing up camp for the season. We have tried to include all the usual essentials common to most camps. Each camp will have its own needs. This list is to help organize a system for your camp which might be followed and improved upon on an annual basis. It could be very useful in camps where continuity of leadership is not always easy.

FOOD

☐ food inventory made - _____ has one copy
_____ has the other

☐ Canned goods removed to an area where they will not freeze.

☐ Dried foods properly stored in a dry area away from rodents.

☐ Freezers left open - cleaned - with a screen over the top to prevent amimals from being trapped inside

☐ Frig: clean and doors fixed to remain open to prevent mildew and odour.

☐ Grease tops of stoves and grills to prevent rust

☐ Grease Traps cleaned out

☐ Inventories made of dishes (2 copies) _____ has one copy
_____ has the other

☐ Inventory of cutlery (2 copies) _____ has one copy
_____ has the other

☐ Record of pots and pans (2 copies) _____ has one copy
_____ has the other

☐

(cont. next page)

CABINS

- [ ] Mattresses put on sides to avoid fabric getting damp and deteriorating
- [ ] Mattresses needing repair have been moved to_____ where they may be attended to before next season.
- [ ] Mothballs (a few) left in cabins will help keep rodents out and freshen the air.
- [ ] Screens over windows and doors removed (if possible) and stored inside cabins - WRITE ON THE EDGE.
- [ ]

TENTS

- [ ] have been checked to see they are all dry
- [ ] rolled and labels indicating where they go
- [ ] tent platforms lifted so they are on an angle which will allow water to drain away easily.
- [ ]

TRIPPING EQUIPMENT

- [ ] Packs scrubbed and dried then hung upside down for good ventilation
- [ ] Packs needing repair have been separated and are being repaired at_____ _____
- [ ] Billy pails, frying pans stored upside down
- [ ] Paddles and oars hung up or laid out flat to prevent warping

☐ Maps checked for dryness and rolled up

☐ Compasses and other valuable equipment is stored _____

☐ Inventories of all Tripping Equipment may be located;

(a)_____

(b)_____

☐

BOATS/MOTORS

☐ Canoes placed in storage - store upside down - FLAT not on edge

☐ Record of damaged canoes may be located in _____

☐ Motors drained and stored

☐ Gas tanks emptied

☐ Sailboats washed out and cleaned/ Store upside down.

☐

PLUMBING

Drainage of water systems has been completed

☐ Lodge ☐

☐ Washrooms ☐

☐ Kitchen ☐

(cont. on next page)

GENERAL JOBS

☐ Fire Extinguishers have been checked to see charge is good. Container water emptied and stored upside down.

☐ Blankets, pillows, sheets, towels cleaned and stored in _____

_____

☐ Wiring has been checked for worn areas

☐ Piano lids left open to help prevent rusting of wires.

☐ Fireplace chimneys covered.

☐ Privies (outdoor) have ashes put down the hole. This caused the "mass to break up.

☐

OTHER EQUIPMENT

Helpful Hints

MOTHBALLS are a good deterent for squirrels mice and chipmunks. If left in buildings they help minimize the dammage. After use, collect unused portions and store in a sealed container for use another year.

PAINTING boats in the fall ensures them of a hard coat and you won't be rushed to paint or varnish them in the spring, which may be cold and damp.

BROOMS of all types laid out flat or hung up so the ends do not bend out of shape.

SCREENS should be removed from all buildings and stored inside LABELLED and if necessary repaired - so they may be returned to the correct windows next year.

Let the Editor know if you have any helpful maintenance hints to share with our readers. There is still time to make the October issue. Please send them to Mr. Brian Blackstock, c/o Canadian Camping Association, 1806 Avenue Rd. Toronto.

These four pages may be easily removed from "Canadian Camping" and used as your individual check list.

Thought for Food

CHILI

50 servings

1. Brown 5 lbs of hamburg
   5 medium onions chopped
   2 cups finely chopped celery

   Drain off excess fat

2. Add: salt, pepper
   1 tbsp chili peppers
   1 tbsp oregeno
   1 tsp garlic salt
   100 oz can tomatoes (chop)
   48 oz can tomato soup
   Water as necessary to make a thick sauce

3. Simmer in oven uncovered at 300° for 2½ - 3 hours

4. Add: 100 oz can kidney beans
   100 oz can pork and beans

5. Simmer another ½ hour

   Serve over rice

HUNGARIAN GOULASH

40 servings

Trim the fat from 15 lbs stewing beef and cut into 1" cubes.

Brown 2 lbs sliced onions in margarine

Add: meat
2 tbsp paprika
3 tbsp salt
2 green peppers cut into strips

Simmer until meat browns then add

8 cups water or vegetable stock and simmer 2 hours

Add: 10 lbs potatoes, thinly sliced
100 oz can tomatoes (chopped)

Cook until potatoes are tender
Cook 4 lbs shell macaroni and add just before serving

SWEET & SOUR CHICKEN OR PORK

50 servings

6 to 8 lbs chopped chicken or pork (cooked)
6 onions chopped
2 cups diced celery
2 cups chopped green pepper
48 oz can pineapple tidbits

Heat sauce: 1 cup vinegar
½ cup white sugar
6 - 8 cups water
1 cup soya sauce
1 cup catsup

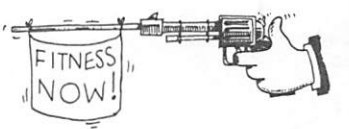
When bubbling add ½ cup corn starch dissolved in 2 cups water; stir until thickned and clear.

Mix two together

Simmer 30 minutes at 300° or until bubbling.

Serve over rice or egg noodles.

May be expanded by adding bean sprouts



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— COMING EVENTS —

Canadian Camping Association	Fall Board Meeting - Saskatoon	Nov. 1 & 2, '79
Saskatchewan Camping Association	Fall Conference "	Nov. 2 & 2, '79
Ontario Camping Association	Director's Weekend - Bolton	Nov. 9-11, '79
Alberta Camping Association	Conference	Jan. 24-27, '80
Canadian Camping Association	Executive Meeting - Vancouver	Jan. 24 & 25, '80
British Columbia Camping Assn.	Conference	Jan. 24-27, '80
American Camping Association	"Widening Worlds of Camping" -Boston	Feb. 11-16, '80
Ontario Camping Association	Annual Conference - Toronto	Mar. 6 - 8, '80

SANITATION AND HEALTH

departments of heath are now suggesting with increased urgency that camps have sufficient "ablution tables" (handwashing areas). Here is one from Camp Onondaga near Huntsville, Ontario which looks substantial, is out-of-doors and appears to have stood the test of time. The solid roof will protect the children from the weather, a cement pad would be easy to keep clean and access from two sides increases the availability for use.

Dispose of camp food service problems with ROYAL *Chinet*® disposable plates and bowls

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(cont. from page 3)

13. Erosion - signs of eroded areas developing should be dealt with and plans made to prevent them. Erosion areas become a fine program area for campers to see the results of poor land management.

14. Reforestation - the planting of seedlings and small trees can be done as part of the N.A. program.

15. Litter - plan adequate attractive containers and centers for the collection of litter and also plan for its disposal.

16. Natural Crafts over-use - the use of natural crafts is very desirable, but avoid using living trees and plants for this purpose.

17. Noise Pollution - attempts should be made to reduce the noise of motors and machines in the camp area and to have periods when campers can enjoy the "silence of nature". Silent hikes and canoe trips could well be incorporated into the program.

18. Water Pollution - avoid the spilling of gas and oil into water areas and no waste dumped into such waters.

19. Preserve natural areas found on the camp property - plan access so they remain natural.

20. Plan visits to camp in off season periods - seeing camp during all seasons will help develop a greater appreciation.

from Alberta Camping Association "Newsletter" May 1979.

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